

Cheer Abilities at Woodlands Elite

Special Forces & Special Ops are our Cheer Abilities teams made up of athletes ages 3 & up with varying types of differences and limitations. Our mission is to provide an opportunity for athletes of all abilities to participate and compete in the sport of all-star cheerleading, from tumbling and stunting to the thrill of performing in front of a large crowd!

These special teams will focus on developing strong fundamental basics of cheerleading, combined with fun and learning to give athletes of all ages and ability levels a great team experience. We are always looking for new faces to join our Cheer Abilities program. If you know of someone who may be interested in joining Special Forces, please contact our Humble staff for more information!



Contact Information:

Kourtney Otero Kourtney@woodlandselite.com P: 832-247-2259

Meet & Greet Drop In Events:

SATURDAY, AUGUST 23rd from 12:00-1:00PM SUNDAY, AUGUST 24th from 11:00AM-12:00PM SUNDAY, SEPTEMBER 7TH from 11:00am-12:00PM

Stop by to meet the staff, visit the gym and get a tour! Athletes will need to wear comfortable clothes, tennis shoes and hair pulled back!

Can't make it? Please call 832-247-2259 or email: Kourtney@woodlandselite.com to schedule your individual evaluation time!

Athlete and Family Expectations

TEAM PRACTICE

Special Forces will practice on Sundays from 11:00am-12:00pm

OUR FIRST PRACTICE WILL BE SUNDAY, SEPTEMBER 7TH!

The season will begin in September and end in March. During the season, we will be working very hard on our routine choreography, so all team members are expected to attend every practice. *Occasionally we may call an extra practice as we get close to competitions. We will notify parents as soon as the decisions have been made.

COMMUNICATION

We will stay in touch via email & the BAND App. The primary email address & cell phone information you provided in your online registration will be the contact information we will use for communication. Please see your coaches if you are having trouble accessing this information.

PARENT MEETING

Teams will have a parent meeting with their coaches on the first day of team practice, Sunday, September 7th

Please plan to attend!

TEAM UNIFORM FITTING



We will have a scheduled team uniform fitting on Sunday, Septmber 7th at 11:00am before practice. Please plan to attend.

Special Forces/Special Ops Events

Every team member is expected to attend every competition. We will attend 6 events throughout the season. Competitions will begin in November and end in March. **All competitions are mandatory unless the athlete is ill.**



Practice Clothes

Athletes will need to purchase a pair of solid white cheer shoes, white no-show socks and a pair of black athletic shorts. Practice wear will be a Special Forces T- shirt (provided to you at no extra cost) with a pair of black shorts and cheer shoes. If your athlete has long hair, it should be pulled back and out of their face.

Financial Obligations

For the 3rd year in a row, we are proud to announce that we have AMAZING corporate sponsors, who have graciously agreed to cover ALL competition & training related expenses for the 2025-2026 WECC Special Forces & Special Ops Teams! WE ARE... so thankful for their generosity and hoping for another aWEsome season together! Please note... parents might have nominal fees throughout the season NOT to exceed a total of \$100.00.

